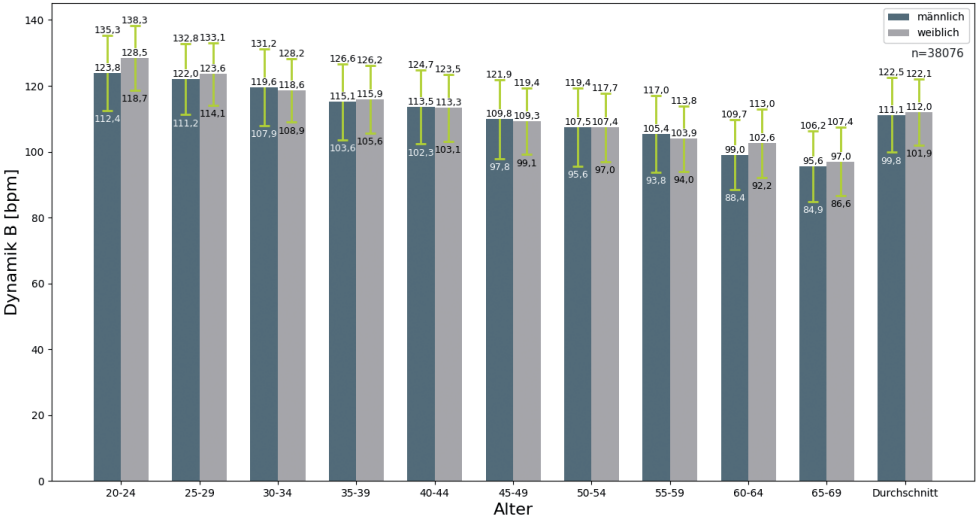

Abb. 4.8 Dynamik B gesamt Männer und Frauen (Quelle: Autonom Health®, 2021).